

Appendix

Resources

Guidelines

National Institute for Health and Care Excellence. *Menopause: Diagnosis and Management* (Guideline NG23). London: NICE; 2015. Available at: <https://www.nice.org.uk/Guidance/NG23>.

European Society of Human Reproduction and Embryology. *Management of Women with Premature Ovarian Insufficiency*. Grimbergen, Belgium: ESHRE; 2015. Available at <https://www.eshre.eu/Guidelines-and-Legal/Guidelines/Management-of-premature-ovarian-insufficiency.aspx>.

Faculty of Occupational Medicine, Royal College of Physicians. *Guidance on Menopause and the Workplace*. London: RCP; 2016. Available at <http://www.fom.ac.uk/health-at-work-2/information-for-employers/dealing-with-health-problems-in-the-workplace/advice-on-the-menopause>.

International Menopause Society. Baber RJ, Panay N, & the IMS Writing Group. 2016 IMS Recommendations on women's midlife health and menopause hormone therapy. *Climacteric*, 2016; 19(2): 109–50.

Useful websites

Daisy Network:	daisynetwork.org.uk
Manage My Menopause:	managemymenopause.co.uk
Menopause Exchange:	menopause-exchange.co.uk
Menopause Matters:	menopausematters.co.uk
Patient:	patient.info
Premature Ovarian Insufficiency Register:	https://poiregistry.net
The Menopause Course:	themenopausecourse.com
Women's Health Concern:	womens-health-concern.org